

SHORE VIEW NEWS

NOVEMBER 2024

The Season of Thanks

The **Holiday Season** has officially kicked off, and we've got a month packed with festive fun! This **November**, we'll be creating handmade cards to share joy with the local community and assembling supply bags to support our unhoused neighbors.

Nothing says the holidays like shopping and good food, so get ready for a fun outing to Dollar Tree and a delicious lunch at Lynn Tech! While some of you will be celebrating **Thanksgiving** elsewhere, those celebrating with your **Lynn Home family** are in for a treat. There will be a **traditional turkey dinner** with all the fixings! It's gonna be a November to remember.

- 11/4 East Baptist Church w/ Pastor Kevin
- 11/5 Making Cards for Gina's Giving Back
- 11/6 & 11/20 Ruru Visits
- 11/7 Peabody Senior Center Big Band
- 11/7 Special Craft
- 11/12 Birthday Tea
- 11/13 Assemble Bags for the Homeless
- 11/15 Shopping: Dollar Tree
- 11/18 Making Cards for Lynn Woods Buddies
- 11/19 Lunch: Lynn Tech
- 11/26 Ride to Lynn Woods School
- 11/27 Ice Cream Ride





Veterans Day

Veterans Day is a federal holiday in the United States observed annually on November 11, for honoring military veterans of the United States Armed Forces.



*"Gratitude
unlocks the
fullness of life."*

-Melody Beattie

Daylight Savings

It's that time again - time to turn back time! Before you head to bed on Saturday, 11/2, set your clocks back an hour to stay on schedule. **If you need any assistance please ask, we're happy to help!**

Thanksgiving

Whether you celebrate **Thanksgiving** with family, with your Shore View House family, or maybe not at all, November is always a perfect time to practice a little gratitude. Being thankful doesn't just benefit those you appreciate - it has a powerful **positive effect on your own mental health too!**

This month, take time to remind yourself of all of things you are grateful for. It could be the comfort of a warm bed, a safe home, a good meal, or a person in your life whose presence means so much. Embrace those moments of gratitude and let them bring you feelings of **warmth and joy as you celebrate all you have or have had in this life!**

