



SHOREVIEW NEWS

SEPTEMBER 2024

Sweet September

We're going to be busy bees in September with the return of many LHEP favorites!

HUGE thank you to everyone who helped decorate school supply bags! We're planning to visit **Lynn Woods School** to meet our new buddies and drop the bags off on the 9th!

Marybeth Maes will entertain us with her musical talents on the 10th! Weather permitting, **The Walking Club** will squeeze in one last adventure! Plus, our **Annual Honey Tasting and Bingo Marathon** are on the calendar!

9/9 Trip to Lynn Woods School

9/10 MaryBeth Maes

9/12 Birthday Tea

9/13 Walking Club

9/17 Bingo Marathon

9/20 Ice Cream Ride

9/23 Lunch Outing: April's

9/24 Special Craft

9/26 Big Band Outing

9/26 Honey Tasting

9/27 Catholic Mass

9/27 Shopping: Walmart



Chelsea extends a heartfelt thanks to all of the residents, board members, staff, and families who contributed to her bridal shower. She is overwhelmed by the love she received!



Fun facts about Honey!

- It doesn't spoil! Yup! Honey discovered in Ancient Egypt was still edible because of its low moisture content & acidity!
- They have dance parties! Bees communicate by dancing!
- It's a flavor bomb! The flavor of honey comes from the flowers that the bees pollinated to make it!
- The color of your honey indicates flavor intensity. Mild honey tends to be lighter in color.
- Honey heals everything! The healing power of honey is supported by science for many reasons, including its antibacterial properties and its use to treat allergies.

A Helping Hand

On a mission to nourish Lynn's community with hospitality, free meals, and unconditional love, **My Brother's Table** is the largest soup kitchen on the North Shore. As part of the **LHEP** mission to be an active member of the community, we are supplying 100 toiletry bags to the **My Brother's Table** community. These bags will include hand warmers, snacks, toothbrushes, and more. It is our intention to assemble them in late October and deliver them in early November.

Thanks for the generous donations that have been made. These, along with the help of the Knotty Knitters who are making hats and scarves, have been incredibly helpful. If you are so inclined, we have a few more items on our Amazon Wishlist to help us meet our goal of keeping our community warm in the winter.

Amazon wish-list here: <https://amzn.to/4fkclQI>

